behavioral health specialists

RESOURCES LIST

Ames and Des Moines Therapy and Consulting
2501 Westown Parkway #1201,
West Des Moines, IA 50266
515.635.0213
http://amestherapy.com/
* Medicare not accepted

Broadlawns Medical Outpatient
Mental Health*
1801 Hickman Road, Des Moines, IA 50314
515.282.5695
https://www.broadlawns.org/
✓ Medicare and Medicaid accepted

Behavioral Medicine Center*
2940 Ingersoll Avenue,
Des Moines, IA 50312
515.244.1414
✓ Medicare accepted

Center for Behavioral Health
Medication Assisted Opiate Treatment Facility / Focus on Opioid Use Disorder and Substance Abuse Disorder
1200 University Avenue #106,
Des Moines, IA 50314
515.244.9500
http://centerforbehavioralhealth.com/
✓ Medicare and Medicaid accepted

Central Iowa Psychological Services*
3737 Woodland Avenue, Suite 415,
West Des Moines, IA 50266
515.222.1999
https://www.iowacounseling.com/
✓ Medicare accepted

The Changing Point Counseling Center
3106 Ingersoll Avenue,
Des Moines, IA 50311
515.255.4211
https://www.changingpoint.org/
✓ Medicare accepted

Clive Behavioral Health*
1450 NW 114th Street, Clive, IA 50325
844.680.0504
https://clivebehavioral.com/
✓ Medicare accepted

Compass Clinical*
2500 82nd Place, Urbandale, IA 50322
515.412.5112
https://www.compassclinicalassociates.com/
Pediatric behavioral health services offered by the following providers:
/ Alisha Lundberg, MSW, LSW
/ Alison Ekwena, MSW, LSW
/ Eileen Swoboda, MSW, LSW
/ Gayle Murray, MSW, LSW
/ Patty Hayes, MISW
/ Susan Lang, MA, LMHC
/ Wendy McGinnis, PHD EDS
✓ Medicare and Medicaid accepted by one provider

Counseling for Growth & Change*
1248 8th Street, Suite 201,
West Des Moines, IA 50265
515.243.1020
http://counselingforgrowthandechange.com/
Pediatric behavioral health services offered by the following providers:
/ Charline Carey, LISW
/ David Greenwood, LISW
/ Lori Nelson-Salburs, MS, ATR-BC, LMHC
✓ Medicare accepted

Covert Action Treatment Facility
Medication Assisted Opiate Treatment Facility
1223 Center Street #222,
Des Moines, IA 50309
515.218.6125
https://mycovertaction.com/
✓ Medicare accepted

Des Moines Pastoral Counseling Center*
8553 Urbandale Avenue,
Urbandale, IA 50322
515.274.4006
http://www.dmpcc.org/
✓ Medicare and Medicaid accepted

EMDR & Beyond
3737 Woodland Avenue, Suite 620,
West Des Moines, IA 50266
515.225.7124
https://emdrandbeyond.com/

Eyebly Ball Community Mental Health Services*
945 19th Street, Des Moines, IA 50314
515.241.0982
http://www.eyeablyball.org/
✓ Medicare and Medicaid accepted

Family Legacy Counseling – Johnston*
5415 NW 88th Street, Suite 100,
Johnston, Iowa 50131
515.727.1338
http://www.familylegacycounseling.com/
Pediatric behavioral health services offered by the following providers:
/ Deb Gipple, LMHC
/ Jason Van Zee, LMHC
/ Sarah Snavely, LMHT.
/ Dr. Steven Ziebell, ED.D., LSW
/ Jamie Brandon, LMFT
/ Mary Lothe, LMHC
/ Taylor Goetz, t-LMFT
/ Ann Latham, Ph.D.
/ Dr. Jeff Kerber, Ph.D.
* Medicare not accepted

Family Legacy Counseling – Waukee*
275 NE Venture Drive, Suite 5,
Waukee, Iowa 50263
515.727.1338
http://www.familylegacycounseling.com/
Pediatric behavioral health services offered by the following providers:
/ Deb Gipple, LMHC
/ Jason Van Zee, LMHC
/ Sarah Snavely, LMHT.
/ Dr. Steven Ziebell, ED.D., LSW
/ Jamie Brandon, LMFT
/ Mary Lothe, LMHC
/ Taylor Goetz, t-LMFT
/ Ann Latham, Ph.D.
/ Dr. Jeff Kerber, Ph.D.
* Medicare not accepted

Fein Therapy Services – Laurie Fein
412 NW Irvingdale Drive,
Ankeny, IA 50023
515-964-1733
✓ Medicare and Medicaid not accepted

* Pediatric behavioral health services offered but does not indicate which providers take Medicaid
### Behavioral Health Specialists

**Resource List**

**Innovative Learning Professionals: Counseling & Psychological Services***
2130 Grand Avenue, Suite B,
Des Moines, IA 50312
515.270.0280
http://innovativelearningpros.com/
Pediatric behavioral health services offered by the following providers:
- David Beeman
- Susan Smith Helkenn
- Joel Greenberg
* Medicare not accepted
✓ Medicaid accepted

**Midwest Clinical Associates**
6900 University Avenue, Suite 115,
Windsor Heights, IA 50324
515.254.1556
https://www.miftc.com/
✓ Medicare and Medicaid accepted

<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>City, State ZIP Code</th>
<th>Phone Number</th>
<th>Website</th>
<th>Medicare Accepted</th>
<th>Medicaid Accepted</th>
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<tbody>
<tr>
<td>Iowa Psychiatry</td>
<td>2327 70th Street, Urbandale, IA 50322</td>
<td>Urbandale, IA 50322</td>
<td>515.270.2242</td>
<td><a href="http://www.iowapsychiatry.com/">http://www.iowapsychiatry.com/</a></td>
<td>✓</td>
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<tr>
<td>Lifeworks Therapy*</td>
<td>600 42nd Street, Des Moines, IA 50312</td>
<td>Des Moines, IA 50312</td>
<td>515.255.8399</td>
<td><a href="https://www.lifeworksdm.com/">https://www.lifeworksdm.com/</a></td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Lifeworks Therapy – Ankeny</td>
<td>1105 N Ankeny Boulevard #100, Ankeny, IA 50023</td>
<td>Ankeny, IA 50023</td>
<td>515.225.8399</td>
<td><a href="http://www.lifeworksdm.com/">http://www.lifeworksdm.com/</a></td>
<td>✓</td>
<td>✓</td>
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<td>Lutheran Family Service*</td>
<td>6200 Aurora Avenue, Suite 200, Urbandale, IA 50322</td>
<td>Urbandale, IA 50322</td>
<td>515.331.0303</td>
<td><a href="https://www.lutheranfamilyservice.org/">https://www.lutheranfamilyservice.org/</a></td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>VNS of Iowa Mental Health Services*</td>
<td>50312</td>
<td>West Des Moines, IA 50314</td>
<td>515.254.1556</td>
<td><a href="https://www.vns-of-iowa.org">https://www.vns-of-iowa.org</a></td>
<td>✓</td>
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<td>Sampson Family Therapy Services, LLC</td>
<td>309 Court Avenue #241, Des Moines, IA 50309</td>
<td>Des Moines, IA 50309</td>
<td>515.901.2971</td>
<td><a href="https://www.sampsonfamilytherapy.com">https://www.sampsonfamilytherapy.com</a></td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Red Couch Counseling, LLC</td>
<td>5408 NW 88th Street #130, Johnston, IA 50131</td>
<td>Johnston, IA 50131</td>
<td>515.954.9865</td>
<td><a href="http://www.redcouchcounselingdsm.com/">http://www.redcouchcounselingdsm.com/</a></td>
<td>✓</td>
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<tr>
<td>Sullivan Counseling</td>
<td>974 73rd Street #9, West Des Moines, IA 50265</td>
<td>West Des Moines, IA 50265</td>
<td>515.443.4980</td>
<td><a href="http://www.sullivancounselingdsm.com/">http://www.sullivancounselingdsm.com/</a></td>
<td>✓</td>
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<tr>
<td>Thriving Families Counseling</td>
<td>2501 Grand Avenue, Des Moines, IA 50312</td>
<td>Des Moines, IA 50312</td>
<td>515.808.2900</td>
<td><a href="https://www.thrivingfamiliesservices.com/">https://www.thrivingfamiliesservices.com/</a></td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Optimae Behavioral Health Services</td>
<td>600 E Court Avenue, #200, Des Moines, IA 50309</td>
<td>Des Moines, IA 50309</td>
<td>515.243.3525</td>
<td><a href="http://www.optimaelifeservices.com/our-services/behavioral-health/">http://www.optimaelifeservices.com/our-services/behavioral-health/</a></td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Pat Petersen, LISW</td>
<td>4685 Merle Hay Road, Suite 108, Des Moines, IA 50322</td>
<td>Des Moines, IA 50322</td>
<td>515.201.9953</td>
<td><a href="http://www.optimaelifeservices.com/our-services/behavioral-health/">http://www.optimaelifeservices.com/our-services/behavioral-health/</a></td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Pine Rest Christian Mental Health Services*</td>
<td>6200 Aurora Avenue, Ste 200, Urbandale, IA 50322</td>
<td>Urbandale, IA 50322</td>
<td>515.201.9953</td>
<td><a href="http://www.optimaelifeservices.com/our-services/behavioral-health/">http://www.optimaelifeservices.com/our-services/behavioral-health/</a></td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Prairie Wellness</td>
<td>3209 Ingersoll Avenue #100, Des Moines, IA 50312</td>
<td>Des Moines, IA 50312</td>
<td>515.207.1705</td>
<td><a href="http://prairiewellness.com/">http://prairiewellness.com/</a></td>
<td>✓</td>
<td>*</td>
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<tr>
<td>VNS of Iowa Mental Health Services</td>
<td>50312</td>
<td>West Des Moines, IA 50314</td>
<td>515.558.6248</td>
<td><a href="http://www.vns-of-iowa.org">http://www.vns-of-iowa.org</a></td>
<td>✓</td>
<td>✓</td>
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<tr>
<td>Sampson Family Therapy Services, LLC</td>
<td>309 Court Avenue #241, Des Moines, IA 50309</td>
<td>Des Moines, IA 50309</td>
<td>515.901.2971</td>
<td><a href="https://www.sampsonfamilytherapy.com">https://www.sampsonfamilytherapy.com</a></td>
<td>✓</td>
<td>✓</td>
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