

# Waukee Community Schools

## Middle School (Grades 6-9) Menu

**Student Breakfast: \$2.05**

2<sup>nd</sup> Breakfast and Adult Breakfast: \$2.35

**6-8<sup>th</sup> Grade Lunch: \$3.00    9<sup>th</sup> Grade Lunch: \$3.10**

2<sup>nd</sup> Lunch: \$4.00    Adult Lunch: \$4.15

**See what week we are on:  
[View the Menu Calendar here!](#)**

**3 menu cycles during the year:**

Fall: Aug 23-Nov 22

Winter: Nov 28-Feb 24

Spring: Feb 27-Last day of school

\*May contain pork  
Skim and Fat-Free Chocolate Milk  
are offered with each meal

**Menu Subject to change  
without notice**

### Weekly Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Donut</b> OR <b>Assorted Cereal/bars</b> String Cheese/Yogurt Assorted Fruit Milk	<b>Assorted Mini Pastry</b> OR <b>Assorted Cereal/bars</b> String Cheese/Yogurt Assorted Fruit & Juice Cup Milk	<b>Cinnamon Roll</b> OR <b>Assorted Cereal/bars</b> String Cheese/Yogurt Assorted Fruit Milk	<b>Breakfast Pizza</b> OR <b>Assorted Cereals/bars</b> String Cheese/Yogurt Assorted Fruit & Juice Cup Milk	<b>Breakfast Sandwich</b> OR <b>Assorted Cereal/bars</b> String Cheese/Yogurt Assorted Fruit Milk

### Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>				
<b>French Toast w/ Egg Patties</b> OR <b>Hot Dog*</b>  Sweet Potato Fries Celery Sticks Mandarin Oranges Juice Cup	<b>Spicy Chicken Sandwich</b> OR <b>Mozzarella Cheese Sticks w/ Marinara Sauce</b>  Steamed Broccoli Cucumber Slices Pears Applesauce	<b>Pizza Option*</b>  Baked Beans Romaine Salad Peaches Dried Fruit	<b>Hot Wing Bites w/ Dinner Roll</b> OR <b>Grilled Cheese Sandwich</b>  Crinkle Fries Cherry Tomatoes Fresh Apple	<b>Chicken Bowl</b> (Popcorn Chicken, Mashed Potatoes, Shredded Cheese, Pepper Gravy) Dinner Roll OR <b>Cheesy Bosco Sticks w/ Marinara Sauce</b> Fresh Carrots  Steamed Corn Assorted Fruit
<b>Week 2</b>				
<b>Cheeseburger</b> OR <b>Chicken and Waffles</b>  Baked Beans Cherry Tomatoes Fresh Orange Peaches	<b>Chicken Philly Sandwich</b> OR <b>Cheesy Pizza Crunchers</b>  Potato Wedges Cucumber Slices Fresh Apple	<b>Big Daddy Pizza*</b>  Steamed Corn Celery Sticks Apple Slices Dried Fruit	<b>Chicken Nuggets w/ Dinner Roll</b> OR <b>Cheesy Lasagna Roll-Up w/ Garlic Breadstick</b>  Green Beans Romaine Salad Strawberries Pears	<b>Chicken Drumstick w/ Dinner Roll</b> OR <b>Mac and Cheese</b>  Dinner Roll Steamed Peas Fresh Carrots Assorted Fruit
<b>Week 3</b>				
<b>Orange Chicken</b> Steamed Rice OR <b>Chicken Sandwich</b>  Steamed Broccoli Fresh Carrots Mandarin Oranges Pineapple	<b>Walking Taco</b> Refried Beans, Shredded Lettuce, and Salsa OR <b>Cheese Filled Breadsticks w/ Marinara Sauce</b> Steamed Peas Cucumber Slices  Fresh Apple	<b>Pizza Option*</b>  Mixed Vegetables Cherry Tomatoes Slushie Cup Pears	<b>Chicken Alfredo w/ Garlic Breadstick</b> OR <b>Mini Corn Dogs</b>  Green Beans Romaine Salad Banana Applesauce	<b>Pork Tenderloin*</b> OR <b>Wild Mike's Cheese Bites w/ Marinara Sauce</b>  Steamed Corn Celery Sticks Assorted Fruit

### Daily Salad Option will contain:

Romaine Lettuce, Shredded Cheese, Optional Chicken, Dinner Roll, Croutons, Fresh Carrots, Cherry Tomatoes, and Fruit

To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.