

# Accommodations for Students with Special Dietary Needs:



## Who to Contact:

Dietitian: Kaitlyn Scheuermann, MPP-D, RDN, LD

Email: [kscheuermann@waukeeschools.org](mailto:kscheuermann@waukeeschools.org) | Phone: 515-987-2719 ext. 2029 | Fax: 515-987-2701

Contact for: Menu questions, Changes to menu, Forms on file

Your Kitchen Supervisor and Nurse:

Contact Kitchen Supervisor for: Scheduling days your student will eat meals, questions about day-to-day operation

School	Kitchen Supervisor	Email	Nurse	Email
Brookview	Debra Lees	<a href="mailto:dlees@waukeeschools.org">dlees@waukeeschools.org</a>	Cecily Decklever	<a href="mailto:cdecklever@waukeeschools.org">cdecklever@waukeeschools.org</a>
Eason	Mary Diemer	<a href="mailto:mdiemer@waukeeschools.org">mdiemer@waukeeschools.org</a>	Laura McNatt	<a href="mailto:lmcnatt@waukeeschools.org">lmcnatt@waukeeschools.org</a>
Grant Ragan	David Sharp	<a href="mailto:dsharp@waukeeschools.org">dsharp@waukeeschools.org</a>	Sarah Harlan	<a href="mailto:sharlan@waukeeschools.org">sharlan@waukeeschools.org</a>
Maple Grove	Melissa Ceron	<a href="mailto:mceron@waukeeschools.org">mceron@waukeeschools.org</a>	Lisa Spears	<a href="mailto:lspears@waukeeschools.org">lspears@waukeeschools.org</a>
Radiant	Nate Grebner	<a href="mailto:ngrebner@waukeeschools.org">ngrebner@waukeeschools.org</a>	Jenn Carroll	<a href="mailto:jcarroll@waukeeschools.org">jcarroll@waukeeschools.org</a>
Shuler	Rhonda Stumburg	<a href="mailto:rstumburg@waukeeschools.org">rstumburg@waukeeschools.org</a>	Ellie Shane	<a href="mailto:eshane@waukeeschools.org">eshane@waukeeschools.org</a>
Walnut Hills	Chasity Heins	<a href="mailto:cheins@waukeeschools.org">cheins@waukeeschools.org</a>	Katie Wittmer	<a href="mailto:kwittmer@waukeeschools.org">kwittmer@waukeeschools.org</a>
Waukee Elementary	Erin Amundson	<a href="mailto:eamundson@waukeeschools.org">eamundson@waukeeschools.org</a>	Kim Hunt	<a href="mailto:khunt@waukeeschools.org">khunt@waukeeschools.org</a>
Woodland Hills	Christine Hickey	<a href="mailto:chickey@waukeeschools.org">chickey@waukeeschools.org</a>	Kelli Vellinga	<a href="mailto:kvellinga@waukeeschools.org">kvellinga@waukeeschools.org</a>
Waukee Middle School	Tuan Nguyen	<a href="mailto:tnguyen@waukeeschools.org">tnguyen@waukeeschools.org</a>	Jenny Gaskill	<a href="mailto:jgaskill@waukeeschools.org">jgaskill@waukeeschools.org</a>
South Middle School	Brittany Wallace	<a href="mailto:bwallace@waukeeschools.org">bwallace@waukeeschools.org</a>	Libby Geistkemper	<a href="mailto:egeistkemper@waukeeschools.org">egeistkemper@waukeeschools.org</a>
Prairieview	Emily Ehlers	<a href="mailto:eehlers@waukeeschools.org">eehlers@waukeeschools.org</a>	Cindy Pion	<a href="mailto:cpion@waukeeschools.org">cpion@waukeeschools.org</a>
Timberline	Jennifer Campbell	<a href="mailto:jcampbell@waukeeschools.org">jcampbell@waukeeschools.org</a>	Kary Sprague	<a href="mailto:ksprague@waukeeschools.org">ksprague@waukeeschools.org</a>
Waukee High School	Deb Boeck	<a href="mailto:dboeck@waukeeschools.org">dboeck@waukeeschools.org</a>	Maggie Murillo	<a href="mailto:mmurillo@waukeeschools.org">mmurillo@waukeeschools.org</a>
Northwest High School	Melissa Andrews	<a href="mailto:mandrews@waukeeschools.org">mandrews@waukeeschools.org</a>	Steve Kautz	<a href="mailto:skautz@waukeeschools.org">skautz@waukeeschools.org</a>

## Forms to Complete: Return forms to Nutrition Services Dietitian, Kaitlyn Scheuermann and/or your school's nurse.

Diet Modification Request: REQUIRED

- Required to provide a special menu to a student – special menus not provided for preferences (religious, personal choice)
- Dietary need must limit a *major life activity or operation of a major bodily function (immune, digestive, etc.)*
- Must be completed by your child's physician, allergist, etc.

Diet ID Card Authorization: OPTIONAL, BUT HIGHLY RECOMMENDED FOR ELEMENTARY STUDENTS

- Allows us to provide a card to the student that they can present at lunch time to Nutrition staff
- Dietary need does not have to limit a major life activity/bodily function (vegetarian, religious preferences)
- Can be completed by parent

Food Allergy Action Plan:

- Only needed if student will have emergency medication kept in the nurse's office
- Must be completed by doctor

## Process for Special Diet Accommodations:

- Complete the appropriate forms (listed above) for your student.
- The District Nutrition Services Dietitian will contact you with the menu for your student's dietary needs (*If a special menu is required. No special menus are made for peanut/tree nut allergies as we are a peanut/tree nut aware facility.*)
- You will confirm whether your student will eat lunches provided by the Nutrition Department at your student's school. It is your choice whether your student eats school breakfast/lunch or lunch packed from home.
- Contact your school's kitchen supervisor and inform them which days your student will eat for **Week 1 (green), Week 2 (yellow), and Week 3 (red)** on their menu. They can follow this schedule until you inform them otherwise. **OR...**
- Let your school's kitchen supervisor know one month ahead at a minimum what days your student plans to eat lunch. For example, you would need to let the kitchen supervisor know what days your student plans to eat in October at the beginning of September.